

Change Management

Programme details



Duration

2 days

Price

R 3 600-00 plus VAT per delegate.

Please contact

Nicky Perks on 083 445 0035
or
nickyp@firstfacilitation.com.

"It is not necessary to change. Survival is not mandatory" – W. Edwards Deming

"When we are no longer able to change a situation, we are challenged to change ourselves" – Victor Frankl

Objectives

To assist individuals to understand the nature of change, how it affects them and others, and to assist them to work through the transition stages more successfully.

To gain insight into their own change history and how they have handled this to date, and to provide them with a more positive mindset to deal with the changes they are experiencing.

Target audience

Managers, Team Leaders, Business Leaders, Project Managers, HR Practitioners and /or any individual who is grappling with changes in either their work or personal lives, and would like to gain a better understanding of the dynamic of change and how it affects us.

Expected outcomes

- Provide insight for individuals into the nature of change
- Gain a deeper understanding into how change affects people and learn ways to manage this dynamic
- Provide individuals with the skills to effectively manage the change in their work and personal lives
- Learn from the change experiences of the past both from yourself and from others
- Affirm some of the theory on change
- Equip individuals to recognise the natural Human Responses to change, and ways to effectively deal with these responses.
- To gain a better understanding into how different characters view and respond to change and how these characters relate to ourselves and others

Price

R3, 600 per delegate for the 2-day option.

A minimum of 8 delegates and a maximum of 12 delegates are accommodated on this programme.

Includes:

- Facilitation by 2 experienced facilitators
- Delegate files
- Exercises, games, practical tips and discussions